



## **KIT LIST- EXPEDITIONS**

**PLEASE REFER TO OFFICIAL DOFE KIT LIST**

**ALL ITEMS ARE REQUIRED, EXCEPT "ADDITIONAL OPTIONAL KIT". THE FOLLOWING, HOWEVER, SOME OF WHICH DOFE TERM "OPTIONAL" ARE REQUIRED:**

- INSECT REPELLANT (GROUP KIT)
- SUN CREAM (GROUP KIT)
- EXPEDITION FOOD! (DRIED, NOT BULKY, NO FRESH MEAT)
- STOPWATCH (GROUP KIT)
- CLEAN WATER WILL BE SUPPLIED. THERE IS NO NEED FOR CHLORINE DIOXIDE TABLETS.
- SCOURER AND MULTI-PURPOSE CAMPING DETERGENT. (GROUP)
- MOBILE PHONE (**MUST NOT BE USED** EXCEPT FOR EMERGENCY OR FOR FACILITATION OF FINAL PICK UP UPON COMPLETION. WATERPROOF STORAGE REQUIRED.)
- ONE COPY OF CORRECTED ROUTE CARD.
- MEDICATION, ESPECIALLY EPIPENS AND INHALERS, IF APPROPRIATE
- RUCKSACKS SHOULD BE 50-55LTRS (BRONZE) 70-75LTRS (GOLD)
- OWN TENTS CAN BE BROUGHT AT SILVER AND GOLD LEVELS BUT MUST BE PITCHED BY PARTICIPANTS AND CHECKED BY HSOG DOFE STAFF IN ADVANCE, BE AT LEAST 3500HH WATERPROOFING, FIRE RETARDANT AND DOUBLE-SKINNED.

**THE FOLLOWING ITEMS ARE NOT PERMITTED: PENKNIVES, AEROSOLS**

**ALL OTHER ITEMS UNDER "CLOTHING", "PERSONAL KIT" AND "GROUP KIT" SHOULD BE BROUGHT, EXCEPT THE FOLLOWING WHICH HSOG WILL SUPPLY:**

- TENT (2 OR 3 PERSON WILD COUNTRY HOOLIE)
- TRANGIA (METHS/ BIO ETHANOL STOVE)
- MAP CASE WITH COLOUR COPIED 1:50 000 MAP
- TROWEL
- TWO SILVA 3 OR EQUIVALENT COMPASSES
- SAFETY FUEL BOTTLE
- SURVIVAL BAG (FOR USE IN EMERGENCY ONLY)
- 1<sup>ST</sup> AID KIT (FOR USE IN EMERGENCY ONLY)